

2024-2027

# MENTAL HEALTH

## STRATEGIC PLAN

Lakehead District School Board's (LDSB) 3-year mental health strategy promotes the wellbeing of every student recognizing that good mental health is foundational to achievement and students who report feeling mentally well, are more ready to learn, feel a stronger sense of belonging at school and perform better academically. Engaging School leaders to understand the importance of mental wellbeing, mental health promotion and prevention activities and collaborating with school and system partners will ensure student and staff wellbeing is prioritized. With a continued focus on capacity building at all levels, each student in all learning environments will benefit from the universal promotion of mental wellbeing.

### **PROVIDE A MULTI-TIERED SYSTEM OF SUPPORTS**

**CONSISTENT USE OF EVIDENCE-  
INFORMED BRIEF INTERVENTIONS AND  
STANDARDIZED MEASUREMENT**

**JOINT LOCAL PLANNING WITH**

## ENHANCED EDUCATOR AND STAFF MENTAL HEALTH LITERACY